

# Tilda Report

## ALONE WELCOMES PUBLICATION OF GROUNDBREAKING AGEING REPORT

Dublin, May 9, 2011

ALONE, the charity which provides supports, housing and a befriending service to older people in need, has enthusiastically welcomed the publication of the first phase of the TILDA (The Irish Longitudinal Study on Ageing) report.

(To download this release as a pdf click here [TILDA Report Release.pdf](#))

The report by Trinity College Dublin had its first phase results published today, with the almost 8,000 participants due to be interviewed again at two year intervals until 2018. The objective of the report is to gain a better understanding of the lives of older people so that resources can be targeted accordingly.

Seán Moynihan, CEO of ALONE, speaking from the launch of the report today commented “We at ALONE congratulate the TILDA team on the extraordinary work which they have carried out over the last few years, and pledge our full support to the ongoing study in the coming years. The study supports ALONE’s view that most older people, rather than being a burden on society, actually contribute to their families, society and to their community.”

He continued, “That is why ALONE work with the 15% of older people who are in need of assistance and support, and given our role and remit we are anxious that the public are made fully aware of difficulties that can be encountered by older people. This report, and future TILDA reports, will help to highlight our shared concerns about the underdevelopment of care services in the community for older people. We note that the research demonstrated that wealth and education have a major bearing on the quality of life of older people, and also on their physical and mental health.”

“In our vast experience we are acutely aware of the huge impact that isolation and loneliness caused by health and disability issues can have on an older person, and to this end we’re keen to see what transpires on this issue in future reports. Today’s report will go a huge distance towards raising awareness of the needs of older people in Ireland, and we welcome the publication of this phase of the study wholeheartedly. ALONE’s vision is of an age-friendly society where older people are never isolated but are included as valued and empowered members of the community. We look forward to implementing this vision with the support of the results of the TILDA study,” he concluded.

ALONE provide supports for older people in need and can be contacted in confidence on (01) 679 1032.

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