

#### **BNI Membership Form**

When complete post back to:

ALONE, Olympic House, Pleasants St., Dublin 8.

Your details:

Surname: .....

First name: .....

Organisation name:	
--------------------	--

Organisation address: .....

.....

Contact phone no: .....

Contact email: .....

Do you permit your contact details to be shared with other members of the BNI Network and third parties?

Yes : No: ....

Annual membership fee paid

Yes : No: ....

For more information on becoming a member please call **01-6791032** or email **enquiries@alone.ie** 

### Benefits of being a member of Befriending Network Ireland

• Avail of support around establishing and coordinating a Befriending Service through low cost training, development and governance

• Benefit from working in partnership with members of BNI through shared learning and information exchange

• Benefit from information on best practice, research and sector development

• Be part of a national voice to campaign and advocate for Befriending Services across the Republic of Ireland

• Obtain support around quality standards and quality marks for befriending services

• Get support on Charity Regulation and legal responsibilities including data-management and Vulnerable Adult Protection policies

• Receive invitations to BNI national meetings and events.

• Obtain remote support on Befriending cases, services and supports



# BEFRIENDING NETWORK IRELAND



## **People need People**

Hosted by



Helping older people in need

**Coordinator: Caroline Muller** 

Web: www.alone.ie Email: enquiries@alone.ie Phone: 01-6791032 / 087 6135090

#### **Befriending Network Ireland**

Through Befriending Network Ireland we hope that every older and vulnerable person in Ireland will have access to a quality Befriending Service to combat the negative effects of Ioneliness. Loneliness is a serious health issue, however Befriending is a proven health intervention.

#### Why a national befriending network?

In the last number of years ALONE has received many calls from older people across the country looking for a befriending service in their area. Despite the presence of many befriending services throughout the country, there had been no central database to access these details.

In 2014 ALONE decided to map all the befriending services for older and vulnerable people across the country and published a comprehensive directory (this is also available on alone.ie). As the project developed it also became clear that many befriending services were looking for support, networking opportunities and were interested in building a collective voice at national level.

#### How was Befriending Network Ireland (BNI) established?

In November 2014, ALONE facilitated a meeting with befriending services from around the country to explore the idea of creating a national befriending network. After two further consultations with representatives from across the country, Befriending Network Ireland was established in 2015. A national advisory group was also set up to support the network.

#### Vision

A society where older and vulnerable adults experiencing loneliness and social isolation are supported by quality befriending services in Ireland to improve health and well-being.

#### **Mission Statement**

To promote the work of befriending, and support befriending groups in providing quality services to older and vulnerable people to alleviate social isolation and loneliness.

#### Goals

**1)** To provide a network for Befriending Groups in Ireland and promote information exchange and shared learning.

**2)** To support and promote best practice training, resources and quality assurance tools.

3) To collect evidence-based data on the value and impact of befriending services on health and well-being. To promote research to highlight the link between isolation, loneliness and health and well-being.

**4)** To campaign to alleviate isolation and loneliness and provide a national voice to represent, campaign and advocate on behalf of the befriending sector in Ireland.

**5)** To ensure the future sustainability of Befriending Network Ireland and ensure that it is managed in a professional, transparent and effective manner.

#### Values:

- Person Centred approach
- Equality of Service & Transparency
- Innovation & Inclusion
- Collaborative & Professional

#### Who can become a member of BNI?

The membership of the Network is open to any groups providing befriending services for older people and / or vulnerable adults.

#### How to become a member of BNI\*

#### By post:

Please complete the membership form overleaf and post back to the address below enclosing the €10.00 annual membership fee.

#### ALONE, Olympic House, Pleasants St., Dublin 8.

#### By Email:

The membership form can also be emailed and payments can made through Bank Draft, Electronic Transfer.

Please call the ALONE Office on **01-6791032** or email **enquiries@alone.ie** and we will email you the relevant forms.

\*When an organisation becomes a member of BNI it is assumed that the organisation is subscribing to Vision, Mission, Goals and Values of BNI.

For more information on becoming a member of BNI please call Caroline Muller at the ALONE Office on **01-6791032** or email **enquiries@alone.ie**