

# CORPORATE VOLUNTEER DAYS BOOKLET



**ALONE**

Supporting older people  
to age at home

# ABOUT ALONE

ALONE is a national organisation that supports older people to age at home. ALONE works with the older person and their families, giving them options for the type of support that's best for them, regardless of their situation.

We offer support through an award-winning Befriending service, Housing with Support, Support Coordination, and Campaigns for Change.

## The people you are supporting:

ALONE Housing with Support is age-friendly housing for people over 60 who are homeless or at risk of homelessness.

Every ALONE tenant gets a lifetime tenancy so they never have to fear homelessness again.



Volunteers from KBC working in ALONE walk, 2017



**Supporting older people  
to age at home**

# A true place to call home

Tenants receive ongoing support from ALONE Support Coordinators and they are invited to be part of our volunteer Befriending programme and ALONE social events.

## What ALONE tenants say



'Volunteers are such a great help. It is amazing to see the difference in the gardens after a corporate volunteer day'.

Tony, ALONE tenant



'A lovely group of volunteers from Deloitte painted the walls of my house. I am so happy with the result. Thank you!'

Maura, ALONE tenant, with Maria from Deloitte

# About the Volunteer Day

## Where

Most of the volunteer days take place in our housing units at:

1. Willie Bermingham Place (Kilmainham Lane, Dublin 8).
2. Alone Walk (Artane, Dublin 5).

ALONE has a number of other housing units around Dublin and we are happy to find a different location for you, if required.



KBC volunteer cutting the grass in Alone Walk.

## Tasks

- Power hosing
- Light pruning
- Spraying weed killer
- Cutting the grass
- Outdoor painting
- Re-painting a house
- Refurbishing the common areas

## Time frame

Volunteer days usually take place from 10am - 4pm (including clean up).

## Capacity

Our maximum capacity is 20 volunteers per day. If you have a larger group, please get in touch and we will work with you to find a project.

# What ALONE offers to your team

## Staff

One member of staff will be there to meet you and welcome the team on your arrival. Ken, the ALONE maintenance manager, will guide your work and help you get started. You can ask the ALONE staff any questions you might have about the organisation.

## Liability insurance

We cover the costs of public liability insurance. (Copy available upon request).

## Tea/coffee/treats

Even though they are great fun, we know how tiring DIY projects can be. But not to worry! We have common rooms where you can take a break and enjoy a nice cup of tea with biscuits.



Common room in Willie Bermingham Place

# What ALONE offers to your team

## Transparency

We are a registered charity, CHY 8259. Our accounts are externally and independently audited, we comply with SORP standards, and the Fundraising Principles of the Charities Institute Ireland.

## Social Media Exposure

The work you do to improve your local community will be acknowledged on our social media and in other ALONE publications such as our newsletter.



Mireya from ALONE with part of the Accenture team. August, 2017.

# Buying the materials

*"Currently, ALONE Housing with Support has over 100 house units. Thanks to the Corporate Volunteer Days we can maintain these properties in clean and safe conditions, assuring that our tenants live in a nice environment. This wouldn't be possible without your time and efforts. Thank you".*



Ken Harborne,  
ALONE's Maintenance Manager

Materials like skip bins, paint buckets, and brushes will be required. Ken will buy all the tools prior to your volunteer day, and we'll send you copies of the receipts , along with the description of each item.

On the next page you will find an example of a shopping list. This is based on invoices from other Corporate Volunteer Days. You can see how quickly each item adds up, which is why we ask corporate volunteers to have a budget of €1,000\*.

\*Your entire contribution goes towards materials. If we spend less than the budget you donated, your company will be notified. At that point, the company can decide if they would like to donate any unspent funds to ALONE or get a refund.

# Buying the materials

Here is a sample shopping list based on previous corporate volunteer days.

- Hiring a skip bin.....250.00
- 5L bucket of paint x3.....135.00
- Dulux weather shield bucket..... 40.00
- Hose reel.....54.00
- Tap connector.....10.00
- Dust sheets.....18.95
- Hedge shears x2.....47.00
- Paving brush x 3.....28.5
- Garden rake x3.....40.5
- 3 packs of cyclamens.....24.3
- 2 XL leaf rake.....57.2
- 2 shovels.....40.5
- 5 pairs of gloves.....20.00
- 3 stiff brooms.....59.1
- 3 lavender hidcotes..... 78.00
- 2 deck scrubs.....28.6

TOTAL.....€ 931.65

# Buying the materials

## Can my company purchase the materials?

If your company prefers to buy the materials, just let us know in advance and we will arrange for you to visit the site to determine what you'll need.

## What if my company doesn't have a €1,000 budget?

We have various projects throughout the year that require a lower budget. There might be days when a donation of your time is all we need.

Another solution to this is to raise money at your workplace and use the funds raised for your volunteer day.

## The value of your time

In 2016, 259 people worked as maintenance volunteers for ALONE, donating 1,354 hours of their time.

The estimated value of that donated time completing maintenance work is €16,248.

All we can say is THANK YOU!

# Enjoy the day and...THANK YOU!



We are looking forward to hosting a Corporate Volunteer Day for your team. To organise it or to request more information, get in touch with Mireya at [fundraising@alone.ie](mailto:fundraising@alone.ie), or give us a call on 01 679 1032.

ALONE, Olympic House,  
Pleasants Street,  
Dublin 8.  
[www.alone.ie](http://www.alone.ie)



# ALONE

Supporting older people  
to age at home

