



ALONE

Supporting older people
to age at home

ABOUT ALONE



ALONE is a national organisation that supports and empowers older people. We support individuals and their families, offer training to other organisations, and campaign nationwide for change for older people.

We work with all older people, including those who are lonely, isolated, homeless, living in poverty, or are facing other difficulties. We support them through these challenges to help them find long term solutions.

ALONE's vision is that every older person has the support to age happily and securely at home.

In response to Ireland's ageing population, ALONE has created a new service, BConnect, which provides technology and community supports to create connections between older people and the support organisations they need.

ABOUT BCONNECT

We offer smart technology, knowledge-sharing, and training opportunities to support people to live independently at home. We work with older people, their families and the organisations that support them, including befriending groups, Approved Housing Bodies and health professionals. These resources have been developed to support older people to live independently at home, and to facilitate those that care for older people.



ALONE BConnect supports individuals to:

- Live at home independently
- Feel secure in their home
- Learn new skills
- Receive information and services, otherwise inaccessible

ALONE BConnect helps organisations to:

- Improve their efficiency
- Reduce duplication of service delivery and resources
- Enable communities to support their neighbours and friends.

TECHNOLOGY

ALONE BConnect offers technology that enhances care and support. We provide smart home technology (BHome), a health-monitoring app (BWell), and an app for befriending volunteers (BFriend). This information can feed into the BConnect platform and can be shared with family, support agencies and health professionals.



BConnect Platform

A cloud based system for not-for-profit organisations to help them manage and streamline their services.



BHome

An individualised package of assistive technology in the home, providing pre-emptive and emergency supports.



BWell

A mobile application for the older person, focusing on social interaction, mental and physical health. Also provides relevant tips and information.



BFriend

A mobile befriending application for volunteers and staff. Allows the recording of visits and facilitates feedback for visits.



COMMUNITY

ALONE BConnect offers knowledge-sharing and training opportunities to enable befriending and support organisations to expand and improve their services. We work to ensure consistency of service nationwide. Organisations can benefit from our technology services, including the BConnect platform, in order to use information effectively and provide a more efficient service.

ALONE BConnect also hosts Befriending Network Ireland (BNI), a national network of befriending services for adults, which ensures that everyone in Ireland has access to a quality-assured befriending service, regardless of location or service provider.



As part of our community supports, We host regional support and network meetings and offer peer-to-peer shared learning opportunities. We also offer training modules for organisations in:

- Service set-up basics
- Volunteer training
- Support and case management
- Befriending coordination
- Learn how to train your Befriending Volunteers

CONTACT US

To learn more about how ALONE BConnect can help you, contact us at:

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