

# DIGITAL CHAMPION TRAINING



## OVERVIEW

ALONE is a national organisation that supports older persons to age well in their homes and communities. Older persons are a diverse group, but digital literacy is a huge challenge for many.

ALONE is offering FREE digital champion training to organisations staff and volunteers so they can support older persons use their phone/device and get online.

## WHAT IS A DIGITAL CHAMPION?

A Digital Champion gives an older person the confidence, basic digital skills and knowledge to use their device and make the most of being online.

## DIGITAL CHAMPION CHECKLIST:

Are you:

- Interested in supporting older people with digital skills?
- comfortable with the various basic 'settings' on a device e.g passwords?
- Familiar with key tasks such as email setup, using social app e.g Whatsapp, Facebook etc?
- willing to share feedback on your experience ?

If 'Yes' to all, we would love to hear you!



## FORMAT

- eLearning (1 hour.) +
- Facilitated workshop: online (2 hours.) or in-person (2.5 hours)



## ONGOING SUPPORT & CHECK IN

Support from ALONE for 6 months post training including monthly drop in support session on Zoom



## REGISTRATION

Register using the [Microsoft form here](#)



## CONTACT

For more info please email: [digitalskills@alone.ie](mailto:digitalskills@alone.ie)



YOU'RE NOT ALONE

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